## You can choose whether your confidential patient information is used for research and planning.

#### How is your data used

Your health and care information is used to improve your individual care. It is also used to help us research new treatments, decide where to put GP clinics and plan for the number of doctors and nurses in your local hospital. Wherever possible we try to use data that does not identify you, but sometimes it is necessary to use your confidential patient information.

### Making your data opt out choice

You can choose to opt out of sharing your confidential patient information for research and planning. There may still be times when your confidential patient information is used: for example, during and epidemic where there might be risk to you or to other people's health. You can still consent to take part in a specific research project.

## What is confidential patient information?

Confidential patient information identifies you and says something about your health, care and treatment. You would expect this information to be kept private. Information that only identifies you like your name and address is not considered confidential patient information and may still be used: for example, to contact you if your GP practice is merging with another.

## Will choosing this opt out affect your care and treatment?

No, your confidential patient information will still be used for your individual care. Choosing to opt out will not affect your care and treatment. You will still be invited for screening services, such as screenings for bowel cancer.

# Who can use your confidential patient information for research and planning?

It is used by the NHS, local authorities, university and hospital researchers, medical colleges and pharmaceutical companies researching new treatments.

### What should you do next?

You do not need to do anything if you happy about how your confidential patient information is used.

If you do not want your confidential patient information to be used for research and planning, you can choose to opt out securely online or through a telephone service.

You can change your choice anytime.

To find out more or to make your choice please visit nhs.uk/your-nhs-data-matters or call 0300 303 5678

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