

NELFT 24/7 Mental Health Crisis Assessment Hub



The Hub is a welcoming space where local people can get professional help during a mental health crisis.

We offer 24/7 support for those with urgent mental health needs who don't require urgent medical treatment or emergency medical treatment.

You can use the Hub if you are over 18 and live in Redbridge, Waltham Forest, Barking & Dagenham, or Havering. You can reach us by calling, walking in, or through a referral from a health care professional.

We can support patients in crisis as an alternative to the local accident and emergency department.

We also work closely with the London Ambulance Service and local police.

Address: Block 8, North East London Foundation Trust, Goodmayes Hospital, Barley Lane, Ilford, Essex, IG3 8XJ.

Email: lca-hub@nelft.nhs.uk

Tel: 0300 300 1882
opt 3



**For more information,
please scan the QR code**



If you would like this information in Braille, large type, in another format or in another language, please ask a member of staff. (English)

Bu bilgileri büyük yazı tipinde Körler Alfabesinde, başka bir biçimde ya da başka bir dilde okumak isterseniz lütfen bir görevliye danışın. (Turkish)

Nëse këtë informacion do e dëshironit në Braille, font më të madh, në format tjetër apo gjuhë tjetër, ju lutem pyesni një anëtar të personelit. (Albanian)

Se desejar obter esta informação em Braille, num tipo de letra maior, noutro formato ou noutro idioma, por favor peça a um membro do pessoal. (Portuguese)

আপনি যদি এই তথ্যটি ব্রেইলে, বড় হরফে, অন্য ফরম্যাটে বা অন্য ভাষাতে পেতে চান, অনুগ্রহ করে, কোন কর্মীকে তা বলুন। (Bengali)

در صورت تمایل به دریافت نسخه‌ای از این اطلاعات به صورت بریل، با چاپ درشت، یا به فرمت یا زبانی دیگر، لطفاً درخواست خود را با یکی از کارکنان ما مطرح کنید. (Farsi)

Jeśli chcieliby Państwo uzyskać niniejszą informację zapisaną w alfabecie Braille'a, dużą czcionką, w innym formacie lub w innym języku, prosimy zwrócić się w tej sprawie do członka personelu. (Polish)

Si vous souhaitez obtenir ces informations en gros caractères Braï ou dans une autre langue, veuillez le demander à un membre de l'équipe. (French)

நீங்கள் இந்த தகவலை ப்ரெய்ல், பெரிய எழுத்துக்கள், வேறு ஃபார்மட் அல்லது வேறு மொழியில் பெற விரும்பினால், ஊழியரிடம் கேளுங்கள். (Tamil)

إذا أردت الحصول على هذه المعلومات بطريقة برايل، أو بحروف كبيرة، أو بصيغة أو لغة أخرى، يرجى طلب ذلك من أحد أعضاء فريق العمل. (Arabic)

Если вы хотите получить эту информацию на языке Брайля, напечатанную крупным шрифтом, в другом формате или на другом языке, пожалуйста, обратитесь к любому сотруднику. (Russian)

NELFT provides community and mental health services for people of all ages in Essex and the London boroughs of Barking & Dagenham, Havering, Redbridge and Waltham Forest, as well as Kent and Medway.

Tel: **0300 555 1200**

www.nelft.nhs.uk

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